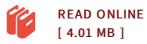




SMFA: The Ninja Within (Paperback)

By Bonnie Gillespie

Cricket Feet Publishing, United States, 2013. Paperback. Book Condition: New. 173 x 102 mm. Language: English . Brand New Book. Author Bonnie Gillespie has done it again! Her wildly popular Self-Management for Actors: Getting Down to (Show) Business has spawned a series of classes, a podcast, an online course, an app, and a worldwide tour. Actors all over the planet are learning how to control what few things they do control in pursuit of a creative career. Using the SMFA principles, this pocket guide encourages actors to embrace their power as storytellers, to lurk then lead, to strengthen the Web of Trust, and to remember the love in this pursuit. So many actors block their own success by focusing on other actors journeys, by dwelling on rejection, by not celebrating what they can do-daily--to rejoice that their creative path is filled with the opportunity to change the world. Look, we re not curing cancer in show business, but maybe we re bringing relief to someone as they re going through chemo, through the stories we help tell. SMFA: The Ninja Within is filled with short reminders about the mental game you re facing. Flip to a page, get a quick...



Reviews

This book may be really worth a read through, and far better than other. it was actually writtern extremely completely and valuable. I am just very easily will get a satisfaction of looking at a published ebook.

-- Lillie Toy

It is easy in read through easier to fully grasp. it had been writtern very completely and useful. I am pleased to let you know that here is the greatest book we have read during my personal life and could be he very best book for possibly.

-- Miss Marge Jerde